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# Eastern Athletic Association Track & Field Championships



Saturday 2<sup>nd</sup> June 2012  
University Track, Cambridge

## Results

**Senior Men**

**U20 Men**

**U17 Men**

**U15 Boys**

**U13 Boys**

**Senior Women**

**U20 Women**

**U17 Women**

**U15 Girls**

**U13 Girls**

Click on Age groups to View Results



# EASTERN AA CHAMPIONSHIPS 2 JUNE 2012

## Senior Men Results

### 100m Final (W/S -1.8)

#### Position

1	36	Emmanuel Stephens	10.94	Newham & Essex Beagles
2	32	Samuel Rivers	11.40	Cambridge & Coleridge AC
3	13	Lee Dollard	11.48	Basildon AC
4	10	Mark Collins	11.49	EVAC
5	40	Cameron Webb	11.72	Stevenage & North Herts
6	11	George Cummins	11.74	Cambridge & Coleridge AC
7	2	Luke Allen	12.34	West Suffolk AC
8	4	Sanjeev Balasuthenthirarajan	13.11	Cambridge & Coleridge AC

### 1500m Final

#### Position

1	25	Oliver Maskell	4.14.44	City of Norwich AC
2	39	Malcolm Tuff	4.32.76	Ryston Runners
3	29	David Pettitt	5.12.61	Cambridge & Coleridge AC

### 200m Final (W/S -2.7)

#### Position

1	36	Emmanuel Stephens	22.07	Newham & Essex Beagles
2	13	Lee Dollard	22.88	Basildon AC
3	32	Samuel Rivers	23.10	Cambridge & Coleridge AC
4	40	Cameron Webb	23.79	Stevenage & North Herts
5	11	George Cummins	24.36	Cambridge & Coleridge AC
6	4	Sanjeev	28.37	Cambridge & Coleridge AC

### 3000m Final

#### Position

1	7	Miguel Branco	9.20.32	Serpentine AC
2	34	Michael Salt	9.20.62	Cambridge & Coleridge AC
3	18	Istvan Jacso	9.36.29	Cambridge & Coleridge AC
4	17	Jose Ferreira	9.55.77	Boston & District
5	29	David Pettitt	10.37.06	Cambridge & Coleridge AC

## 400m Final

### Position

1	28	Glen Pascal	52.45	Luton AC
2	37	Adam Szucs	62.31	City of Norwich AC

## 400m Hurdles Final

### Position

1	35	Michael Shortall	61.57	Thurrock Harriers
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## 800m Final

### Position

1	30	Daniel Poulton	1.58.83	Stevenage & North Herts
2	12	Max D'Ayala	2.17.78	Ely Runners

## Discus Final

### Position

1	14	Devon Douglas	46.72	Woodford Green & Essex Ladies
2	22	Christopher Linque	45.72	Woodford Green & Essex Ladies
3	15	Jonathan Edwards	45.51	Huntingdonshire AC
4	6	Dave Bauer	38.91	Harlow AC
5	8	David Burrell	37.49	Luton AC
6	26	Ray Mckenna	34.60	Watford Harriers
7	23	Declan Manning	29.50	City of Norwich AC

## Hammer Final

### Position

1	15	Jonathan Edwards	56.95	Huntingdonshire AC
2	24	Richard Martin	48.96	Bedford & County AC
3	8	David Burrell	46.07	Luton AC
4	21	Darren Kerr	44.41	Bedford & County AC
5	6	Dave Bauer	34.10	Harlow AC

## High Jump Final

### Position

1	20	Scott Johnson	2.00	Bedford & County AC
2	16	Lewis Ely	1.95	Blackheath & Bromley
3	3	Ross Armorgie	1.90	Herts Phoenix
4	5	Ashley Barker	1.90	Cheltenham Harriers

## Javelin Final

### Position

1	8	David Burrell	36.70	Luton AC
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## Long Jump Final

### Position

1	19	Mitchell Jarvis	6.65	Woodford Green & Essex Ladies
2	2	Luke Allen	5.65	West Suffolk AC

## Pole Vault Final

### Position

1	41	Matthias Winter	3.20	Stevenage & North Herts
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## Shot Putt Final

### Position

1	15	Jonathan Edwards	12.90	Huntingdonshire AC
2	8	David Burrell	12.35	Luton AC
3	26	Ray Mckenna	11.93	Watford Harriers
4	2	Luke Allen	10.75	West Suffolk AC
5	23	Declan Manning	9.43	City of Norwich AC

## Senior Women Results

### 100m Final (W/S -2.1)

**Position**

1	289	Heidi Nicholas	12.84	Basildon AC
2	287	Lauren Longhurst	13.42	Chelmsford AC

### 100m Hurdles Final

**Position**

1	289	Heidi Nicholas	16.22	Basildon AC
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### 1500m Final

**Position**

1	276	Sophie Cowper	4.58.05	Lincoln Wellington
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### 200m Final (W/S -1.0)

**Position**

1	288	Amy Mcdonald	26.56	Southend AC
2	283	Caroline Hill	26.83	Chelmsford AC
3	279	Nichola Gibson	27.10	Peterborough AC
4	287	Lauren Longhurst	27.19	Chelmsford AC

### 3000m Final

**Position**

1	276	Sophie Cowper	10.23.94	Lincoln Wellington
2	281	Helen Grant	11.34.33	Cambridge & Coleridge AC

### 400m Final

**Position**

1	293	Kelly Sutton	59.14	Peterborough AC
2	283	Caroline Hill	59.61	Chelmsford AC
3	279	Nichola Gibson	61.99	Peterborough AC
4	271	Jessica Barber	63.46	Stevenage & North Herts

### 800m Final

**Position**

1	286	Kelly Large	2.36.5	Luton AC
2	275	Rebecca Cooke	2.36.7	Colchester Harriers

## Discus Final

### Position

1	278	Chloe Edwards	27.89	Huntingdonshire AC
2	284	Sandra Ingham	17.01	Biggleswade AC

## Hammer Final

### Position

1	285	Andrea Jenkins	50.20 (CBP)	Nene Valley Harriers
2	291	Hayley Sayer	39.54	Cambridge & Coleridge AC

## High Jump Final

### Position

1	289	Heidi Nicholas	1.55	Basildon AC
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## Javelin Final

### Position

1	272	Kim Box	37.65	Basildon AC
2	284	Sandra Ingham	23.88	Biggleswade AC

## Long Jump Final

### Position

1	292	Tania Spurling	5.49	West Suffolk AC
2	289	Heidi Nicholas	5.06	Basildon AC
3	280	Lana Gillard	4.98	Braintree & District

## Shot Putt Final

### Position

1	278	Chloe Edwards	12.50	Huntingdonshire AC
2	282	Becki Hall	11.56	Grantham & District
3	277	Louise Deer	7.53	Braintree & District
4	284	Sandra Ingham	7.08	Biggleswade AC

## Triple Jump Final

### Position

1	292	Tania Spurling	11.65	West Suffolk AC
2	289	Heidi Nicholas	9.30	Basildon AC

## U13 Boys Results

### 100m Final (W/S -2.1)

#### Position

1	312	Jordan Fester	14.03	Colchester Harriers
2	308	Samuel Clarke	14.50	Cambridge & Coleridge AC
3	320	Thomas Wakeling	16.14	Thurrock Harriers
4	309	Lewis Cogan	16.18	Biggleswade AC

### 200m Final (W/S -4.4)

#### Position

1	304	Alexander Bevan	28.73	Peterborough AC
2	312	Jordan Fester	28.84	Colchester Harriers
3	308	Samuel Clarke	29.36	Cambridge & Coleridge AC
4	317	Michael Stocker	29.93	Stevenage & North Herts
5	301	Ben Abubacker	30.73	Luton AC

### 75m Hurdles Final (W/S -0.9)

#### Position

1	304	Alexander Bevan	13.35	Peterborough AC
2	308	Samuel Clarke	13.70	Cambridge & Coleridge AC
3	302	Liam Barnard	14.19	Thurrock Harriers
4	320	Thomas Wakeling	16.80	Thurrock Harriers

### 800m Final

#### Position

1	322	Jake Young	2.19.12	Colchester Harriers
2	304	Alexander Bevan	2.23.40	Peterborough AC
3	303	Alex Baxter	2.23.42	Ipswich Harriers
4	318	Jolyon Summers	2.27.03	Ipswich Harriers
5	310	Mitchell Cox	2.28.59	Basildon AC
6	301	Ben Abubacker	2.28.61	Luton AC
7	319	Aidan Try	2.35.47	Thetford AC
8	314	Ross Gladman	2.38.90	Stevenage & North Herts
9	313	Ewan Frolich	2.41.01	Cambridge & Coleridge AC
10	315	Tom Mead	2.43.81	Thetford AC
11	305	Christopher Blatch	2.47.74	Cambridge & Coleridge AC
12	321	Aaron Westwood	2.52.42	Havering Mayesbrook

## Long Jump Final

### Position

1	316	Ryan Morgan	4.56	Colchester Harriers
2	317	Michael Stocker	4.05	Stevenage & North Herts
3	320	Thomas Wakeling	3.85	Thurrock Harriers
4	314	Ross Gladman	3.84	Stevenage & North Herts
5	302	Liam Barnard	3.76	Thurrock Harriers
6	309	Lewis Cogan	3.70	Biggleswade AC

## Shot Putt Final

### Position

1	317	Michael Stocker	7.09	Stevenage & North Herts
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## U13 Girls Results

### 100m Final (W/S -1.4)

#### Position

1	490	Madison Stubbs	14.15	City of Norwich AC
2	488	Megan Sims	14.24	Peterborough AC
3	476	Georgia Harrold	14.35	The Abbey School,Woodbridge
4	479	Serena Korkmaz	14.44	Peterborough AC
5	486	Michaela Raine	14.49	Ryston Runners
6	494	Lily Whitmore	14.79	Cambridge & Coleridge AC
7	493	Lucy Webster	15.64	Stevenage & North Herts
8	485	Shona Pybus	15.73	Stevenage & North Herts
9	482	Lauren Nichols	15.85	Amphill and Flitwick Flyers
10	475	Hannah Greenhalgh	16.08	West Norfolk AC

### 200m Final

#### Position

1	490	Madison Stubbs	29.34	City of Norwich AC
2	488	Megan Sims	29.69	Peterborough AC
3	479	Serena Korkmaz	29.81	Peterborough AC
4	477	Casey Hilliam	30.08	Peterborough AC
5	486	Michaela Raine	30.71	Ryston Runners
6	484	Alexandra Pullen	31.79	Peterborough AC

### 200m Heat 1 (W/S -2.7)

#### Position

1	488	Megan Sims	29.70	Peterborough AC
2	490	Madison Stubbs	29.73	City of Norwich AC
3	479	Serena Korkmaz	29.85	Peterborough AC
4	476	Georgia Harrold	31.32	The Abbey School,Woodbridge
5	493	Lucy Webster	32.95	Stevenage & North Herts

### 200m Heat 2 (W/S -2.0)

#### Position

1	486	Michaela Raine	30.13	Ryston Runners
2	477	Casey Hilliam	30.33	Peterborough AC
3	484	Alexandra Pullen	30.96	Peterborough AC
4	494	Lily Whitmore	31.14	Cambridge & Coleridge AC

## 70m Hurdles Final (W/S -2.1)

### Position

1	488	Megan Sims	12.38	Peterborough AC
2	471	Lauren Bradfield	13.71	City of Norwich AC
3	493	Lucy Webster	14.34	Stevenage & North Herts
4	475	Hannah Greenhalgh	14.37	West Norfolk AC
5	485	Shona Pybus	15.18	Stevenage & North Herts

## 800m Final

### Position

1	477	Casey Hilliam	2.30.40	Peterborough AC
2	492	Nella Walters	2.30.43	West Suffolk AC
3	472	Rebecca Brown	2.35.32	Havering Mayesbrook
4	491	Charlotte Summers	2.36.35	Ipswich Harriers
5	478	Olivia Hounsome	2.43.13	Woodford Green & Essex Ladies
6	481	Katie Mitchell	2.44.09	Havering Mayesbrook
7	482	Lauren Nichols	2.48.09	Amphill and Flitwick Flyers
8	474	Courtney Gordon	2.49.87	Braintree & District
9	483	Maisie Pritchard	2.56.66	Bedford & County AC
10	484	Alexandra Pullen	3.05.09	Peterborough AC

## Long Jump Final

### Position

1	484	Alexandra Pullen	3.99	Peterborough AC
2	474	Courtney Gordon	3.84	Braintree & District
3	475	Hannah Greenhalgh	3.82	West Norfolk AC
4	471	Lauren Bradfield	3.42	City of Norwich AC

## Shot Putt Final

### Position

1	473	Lydia Church	6.75	Nene Valley Harriers
2	485	Shona Pybus	5.79	Stevenage & North Herts

## U15 Boys Results

### 100m Final (W/S -1.9)

#### Position

1	146	Ashley Cooper	12.30	City of Norwich AC
2	177	James Pearson	12.47	Thurrock Harriers
3	175	Emmanuel Owolabi	12.64	Luton AC
4	151	Lewis Ebanks	12.66	Cambridge & Coleridge AC
5	183	Reuben Tooth	12.99	Cambridge & Coleridge AC
6	145	William Cartledge	13.30	Stevenage & North Herts
7	170	Oliver Mccormack	13.92	Bedford & County AC

### 100m Heat 1 (W/S -0.5)

#### Position

1	177	James Pearson	12.48	Thurrock Harriers
2	151	Lewis Ebanks	12.65	Cambridge & Coleridge AC
3	183	Reuben Tooth	12.99	Cambridge & Coleridge AC
4	145	William Cartledge	13.22	Stevenage & North Herts
5	147	Sam Cridland	13.87	Cambridge & Coleridge AC
6	156	James Greenhalgh	14.17	West Norfolk AC

### 100m Heat 2 (W/S -1.3)

#### Position

1	146	Ashley Cooper	12.35	City of Norwich AC
2	175	Emmanuel Owolabi	12.57	Luton AC
3	170	Oliver Mccormack	13.72	Bedford & County AC
4	185	Morgan Webster	13.91	Biggleswade AC
5	148	Callum Dickson-Earle	13.97	Biggleswade AC

### 1500m Final

#### Position

1	141	Daniel Ashley	4.33.07	Basildon AC
2	160	Rob Huckle	4.33.12	Cambridge & Coleridge AC
3	142	Thomas Blatch	4.34.79	Cambridge & Coleridge AC
4	150	Ben Eames	4.36.31	West Suffolk AC
5	167	Matthew Livesey	4.58.57	Stevenage & North Herts
6	187	Jordan Wood	5.11.67	Cambridge & Coleridge AC
7	179	Andrew Ronald	6.29.81	Braintree & District

### 200m Final (W/S -2.6)

#### Position

1	146	Ashley Cooper	24.98	City of Norwich AC
2	159	Elliot Holland	25.08	West Norfolk AC
3	175	Emmanuel Owolabi	26.22	Luton AC
4	182	Lewis Thorn	28.26	Braintree & District
5	170	Oliver Mccormack	28.98	Bedford & County AC
6	185	Morgan Webster	28.99	Biggleswade AC
7	149	Dan Duke	32.16	Stevenage & North Herts

## 300m Final

### Position

1	159	Elliot Holland	39.17	West Norfolk AC
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## 800m Final

### Position

1	166	Jamal Lewis	2.04.96	Luton AC
2	144	Oliver Cantrill	2.12.95	Cambridge & Coleridge AC
3	164	Max Jones	2.20.24	Basildon AC
4	165	Harry Lander	2.21.61	Luton AC
5	176	Joseph Patterson	2.21.89	Colchester & Tendring AC
6	173	William Mullins	2.22.12	Bedford & County AC
7	186	Christy Williams	2.27.68	West Suffolk AC

## 80m Hurdles Final (W/S -0.4)

### Position

1	152	Joseph Ellis	12.22	Chelmsford AC
2	148	Callum Dickson-Earle	12.36	Biggleswade AC
3	156	James Greenhalgh	13.57	West Norfolk AC
4	184	Joe Warwick	13.57	Cambridge & Coleridge AC

## Discus Final

### Position

1	161	Harry Hughes	37.37	West Suffolk AC
2	177	James Pearson	36.02	Thurrock Harriers
3	180	Aedan Slack	33.40	Cambridge & Coleridge AC
4	157	Nathanael Grenfell	27.86	Peterborough AC
5	168	Alexander Marchant	26.78	City of Norwich AC
6	149	Dan Duke	15.48	Stevenage & North Herts
7	179	Andrew Ronald	12.19	Braintree & District

## Hammer Final

### Position

1	188	Jack Wuidart	48.99	Bedford & County AC
2	180	Aedan Slack	44.02	Cambridge & Coleridge AC
3	171	Euan Mckie	27.89	West Suffolk AC
4	169	George Marvell	24.46	Stevenage & North Herts

## High Jump Final

### Position

1	163	Lee Johnson	1.70	Bedford & County AC
2	178	Kit Phillips	1.60	Cambridge & Coleridge AC
3	145	William Cartledge	1.55	Stevenage & North Herts
4	169	George Marvell	1.40	Stevenage & North Herts

## Javelin Final

### Position

1	161	Harry Hughes	52.38	West Suffolk AC
2	171	Euan Mckie	34.86	West Suffolk AC
3	145	William Cartledge	16.22	Stevenage & North Herts

## Long Jump Final

### Position

1	146	Ashley Cooper	5.49	City of Norwich AC
2	184	Joe Warwick	5.42	Cambridge & Coleridge AC
3	182	Lewis Thorn	5.07	Braintree & District
4	157	Nathanael Grenfell	5.01	Peterborough AC
5	156	James Greenhalgh	4.87	West Norfolk AC
6	170	Oliver McCormack	4.53	Bedford & County AC

## Pole Vault Final

### Position

162	Frankie Johnson	NHC	Bedford & County AC
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## Shot Putt Final

### Position

1	177	James Pearson	12.62	Thurrock Harriers
2	180	Aedan Slack	10.88	Cambridge & Coleridge AC
3	183	Reuben Tooth	10.77	Cambridge & Coleridge AC
4	168	Alexander Marchant	9.64	City of Norwich AC
5	179	Andrew Ronald	5.45	Braintree & District

## Triple Jump Final

### Position

1	143	Tom Boggon	12.11 (CBP)	Biggleswade AC
2	157	Nathanael Grenfell	10.49	Peterborough AC
3	169	George Marvell	9.00	Stevenage & North Herts

## U15 Girls Results

### 100m Final (W/S -3.0)

#### Position

1	456	Eavion Richardson	13.27	Luton AC
2	450	Ebony Ogle	13.38	Peterborough AC
3	444	Finlay Marriott	13.52	Cambridge & Coleridge AC
4	407	Phoebe Baker	13.71	Great Yarmouth
5	430	Tamia Griffiths	13.75	Luton AC
6	429	Olivia Green	13.77	Herts Phoenix
7	431	Lauren Grubb	13.79	Ipswich Harriers
8	453	Katharine Pursehouse	13.98	Diss AC

### 100m Heat 1 (W/S -1.4)

#### Position

1	444	Finlay Marriott	13.49	Cambridge & Coleridge AC
2	407	Phoebe Baker	13.59	Great Yarmouth
3	453	Katharine Pursehouse	13.62	Diss AC
4	430	Tamia Griffiths	13.83	Luton AC
5	422	Jessica Doncaster	13.86	City of Norwich AC
6	432	Bethany Harley	14.12	Stevenage & North Herts
7	401	Oluweaseum Alao	14.35	Colchester Harriers
8	457	Megan Roberts	14.70	Biggleswade AC

### 100m Heat 2 (W/S -1.7)

#### Position

1	456	Eavion Richardson	13.18	Luton AC
2	450	Ebony Ogle	13.35	Peterborough AC
3	429	Olivia Green	13.68	Herts Phoenix
4	431	Lauren Grubb	13.77	Ipswich Harriers
5	460	Ellie Savva	13.83	Braintree & District
6	442	Chantelle Kilpatrick	14.19	Ipswich Harriers
7	423	Melissa Doran	14.86	Stevenage & North Herts

## 1500m Final

### Position

1	424	Ellie Drake	4.55.72	Diss AC
2	417	Diana Chalmers	4.56.45	Cambridge & Coleridge AC
3	421	Holly Davies	5.00.24	West Suffolk AC
4	467	Charlotte Wickens	5.05.34	Ipswich Harriers
5	466	Katherine-Jayne Watts	5.05.90	Colchester Harriers
6	449	Alice Newcombe	5.07.79	Cambridge & Coleridge AC
7	425	Charlie Duke	5.15.39	Stevenage & North Herts
8	416	Amy Chalmers	5.22.40	Cambridge & Coleridge AC

## 200m Final (W/S -1.8)

### Position

1	450	Ebony Ogle	27.19	Peterborough AC
2	407	Phoebe Baker	27.44	Great Yarmouth
3	431	Lauren Grubb	27.93	Ipswich Harriers
4	419	Sally Cowler	28.19	Herts Phoenix
5	444	Finlay Marriott	29.14	Cambridge & Coleridge AC
6	436	Michelle Hughes	29.31	Havering Mayesbrook
7	403	Emily Anderson	29.39	Great Yarmouth
8	409	Zoe Benton	29.74	Herts Phoenix

## 200m Heat 1 (W/S -1.0)

### Position

1	450	Ebony Ogle	27.61	Peterborough AC
2	431	Lauren Grubb	27.81	Ipswich Harriers
3	436	Michelle Hughes	27.82	Havering Mayesbrook
4	403	Emily Anderson	29.01	Great Yarmouth
5	409	Zoe Benton	29.03	Herts Phoenix
6	448	Rachael Mellor	31.13	Cambridge & Coleridge AC
7	412	Courtney Bland	32.16	Colchester & Tendring AC

## 200m Heat 2 (W/S -2.3)

### Position

1	407	Phoebe Baker	27.77	Great Yarmouth
2	419	Sally Cowler	28.78	Herts Phoenix
3	444	Finlay Marriott	29.09	Cambridge & Coleridge AC
4	447	Amber Meakins	29.66	Herts Phoenix
5	401	Oluweaseum Alao	29.82	Colchester Harriers
6	465	Jasmine Watson	31.99	Luton AC

## 75m Hurdles Final (W/S -1.2)

### Position

1	428	Katie Ellis	11.85	Chelmsford AC
2	422	Jessica Doncaster	11.94	City of Norwich AC
3	436	Michelle Hughes	12.02	Havering Mayesbrook
4	433	Naomi Harryman	12.29	Harlow AC
5	419	Sally Cowler	12.53	Herts Phoenix
6	444	Finlay Marriott	12.57	Cambridge & Coleridge AC
7	438	Shannon Jameson	12.69	Thurrock Harriers
8	469	Alice Gill	12.94	City of Norwich AC

## 75m Hurdles Heat 1

### Position

1	436	Michelle Hughes	11.88	Havering Mayesbrook
2	428	Katie Ellis	12.28	Chelmsford AC
3	438	Shannon Jameson	12.59	Thurrock Harriers
4	469	Alice Gill	12.91	City of Norwich AC
5	423	Melissa Doran	13.52	Stevenage & North Herts
6	408	Rebecca Beddall	13.72	Stevenage & North Herts

## 75m Hurdles Heat 2 (W/S -1.6)

### Position

1	419	Sally Cowler	12.03	Herts Phoenix
2	422	Jessica Doncaster	12.35	City of Norwich AC
3	433	Naomi Harryman	12.43	Harlow AC
4	444	Finlay Marriott	12.85	Cambridge & Coleridge AC
5	406	Grace Ashworth	13.20	City of Norwich AC
6	409	Zoe Benton	13.27	Herts Phoenix

## 800m Final

### Position

1	427	Amalia Edwards	2.26.84	Luton AC
2	451	Lucy Parker	2.27.03	Cambridge & Coleridge AC
3	437	Isobel Ives	2.27.10	Basildon AC
4	452	Tara Procter	2.28.51	Herts Phoenix
5	461	Emma	2.38.61	Cambridge & Coleridge AC
6	411	Kayley Billington	2.40.46	Luton AC
7	465	Jasmine Watson	2.40.71	Luton AC
8	440	Jessica Kennard	2.48.19	Cambridge & Coleridge AC



## Discus Final

### Position

1	446	Fiona Mcquire	25.73	Watford Harriers
2	435	Stephanie Howe	23.33	Woodford Green & Essex Ladies
3	418	Valentina Coppolaro	23.06	Cambridge & Coleridge AC
4	415	Madeleine Cannell	22.04	Thurrock Harriers
5	403	Emily Anderson	21.59	Great Yarmouth

## Hammer Final

### Position

1	434	Katie Head	39.57	William Edwards School
2	463	Alessandra Stevens	35.48	Stevenage & North Herts
3	435	Stephanie Howe	32.67	Woodford Green & Essex Ladies
4	402	Lauren Aldridge	30.39	Stevenage & North Herts
5	418	Valentina Coppolaro	21.59	Cambridge & Coleridge AC

## High Jump Final

### Position

1	431	Lauren Grubb	1.48	Ipswich Harriers
2	432	Bethany Harley	1.45	Stevenage & North Herts
3	406	Grace Ashworth	1.40	City of Norwich AC
4	408	Rebecca Beddall	1.35	Stevenage & North Herts
5	454	Sophie Pyle	1.30	Stevenage & North Herts

## Javelin Final

### Position

1	426	Adeya Edwards	25.59	Luton AC
2	455	Katie Reynolds	23.46	Cambridge & Coleridge AC
3	432	Bethany Harley	16.00	Stevenage & North Herts
4	412	Courtney Bland	9.74	Colchester & Tendring AC

## Long Jump Final

### Position

1	456	Eavion Richardson	5.15	Luton AC
2	460	Ellie Savva	4.96	Braintree & District
3	469	Alice Gill	4.70	City of Norwich AC
4	442	Chantelle Kilpatrick	4.63	Ipswich Harriers
5	428	Katie Ellis	4.59	Chelmsford AC
6	457	Megan Roberts	4.54	Biggleswade AC
7	409	Zoe Benton	4.46	Herts Phoenix
8	403	Emily Anderson	4.44	Great Yarmouth
9	423	Melissa Doran	4.21	Stevenage & North Herts
10	419	Sally Cowler	3.96	Herts Phoenix
11	448	Rachael Mellor	3.87	Cambridge & Coleridge AC
12	441	Emily Kennard	3.03	Cambridge & Coleridge AC

## Pole Vault Final

### Position

1	414	Holly Brown	2.70	Peterborough AC
2	446	Fiona Mcquire	2.20	Watford Harriers
3	413	Erin Breen	2.10	Herts Phoenix

## Shot Putt Final

### Position

1	455	Katie Reynolds	9.33	Cambridge & Coleridge AC
2	435	Stephanie Howe	7.55	Woodford Green & Essex Ladies
3	418	Valentina Coppolaro	7.55	Cambridge & Coleridge AC
4	415	Madeleine Cannell	6.29	Thurrock Harriers

## Triple Jump Final

### Position

1	446	Fiona Mcquire	9.80	Watford Harriers
2	455	Katie Reynolds	9.43	Cambridge & Coleridge AC
3	438	Shannon Jameson	9.12	Thurrock Harriers
4	420	Li an Cowley	9.11	Cambridge & Coleridge AC
5	412	Courtney Bland	8.54	Colchester & Tendring AC

## U17 Men Results

### 100m Final (W/S -1.9)

#### Position

1	243	George Perkins	11.21	Chelmsford AC
2	218	Euan Dickson-Earle	11.44	Biggleswade AC
3	213	Robbie Clarricoats	11.54	Havering Mayesbrook
4	253	Kim Sobotie	11.54	Stevenage & North Herts
5	235	George Johnson	11.88	Ipswich Harriers
6	220	Joseph Ebanks	12.08	Cambridge & Coleridge AC
7	259	Karl Tucker	12.16	Havering Mayesbrook
8	202	Matthew Bailey	12.31	West Norfolk AC

### 100m Heat 1 (W/S -1.7)

#### Position

1	243	George Perkins	11.28	Chelmsford AC
2	218	Euan Dickson-Earle	11.65	Biggleswade AC
3	235	George Johnson	11.91	Ipswich Harriers
4	220	Joseph Ebanks	12.11	Cambridge & Coleridge AC
5	202	Matthew Bailey	12.26	West Norfolk AC
6	225	Ryan Gowler	12.28	West Norfolk AC
7	244	Mark Phillipson	12.51	Great Yarmouth

### 100m Heat 2 (W/S -1.1)

#### Position

1	213	Robbie Clarricoats	11.82	Havering Mayesbrook
2	253	Kim Sobotie	12.01	Stevenage & North Herts
3	259	Karl Tucker	12.23	Havering Mayesbrook
4	264	Aaron Would	12.65	Lincoln Wellington
5	206	Craig Brooks	12.66	West Norfolk AC
6	230	Alex Holdsworth	12.77	Cambridge & Coleridge AC

### 100m Hurdles Final (W/S -0.8)

#### Position

1	213	Robbie Clarricoats	13.77	Havering Mayesbrook
2	251	Matthew Scott	14.05	Basildon AC
3	259	Karl Tucker	15.04	Havering Mayesbrook
4	202	Matthew Bailey	15.08	West Norfolk AC
5	226	Matthew Hall	15.45	Watford Harriers
6	250	Max Schopp	15.96	Stevenage & North Herts
7	254	David Spicer	16.27	Stevenage & North Herts

## 1500m Final

### Position

1	262	Kieran Wood	4.11.44	Cambridge & Coleridge AC
2	236	Guy Kendall	4.11.78	Cambridge & Coleridge AC
3	249	Jordan Rowe	4.14.20	Colchester & Tendring AC
4	209	Daniel Cade	4.18.67	Cambridge & Coleridge AC
5	257	Ross Tennant	4.21.24	Ipswich Harriers

## 200m Final (W/S -1.5)

### Position

1	253	Kim Sobotie	23.17	Stevenage & North Herts
2	235	George Johnson	23.75	Ipswich Harriers
3	220	Joseph Ebanks	24.24	Cambridge & Coleridge AC
4	203	William Blackwell	24.58	Cambridge & Coleridge AC
5	206	Craig Brooks	24.74	West Norfolk AC
6	225	Ryan Gowler	25.52	West Norfolk AC
7	244	Mark Phillipson	26.32	Great Yarmouth

## 200m Heat 1 (W/S -2.8)

### Position

1	253	Kim Sobotie	23.83	Stevenage & North Herts
2	220	Joseph Ebanks	24.63	Cambridge & Coleridge AC
3	207	Tom Burgess	25.01	Great Yarmouth
4	206	Craig Brooks	25.09	West Norfolk AC

## 200m Heat 2 (W/S -3.3)

### Position

1	235	George Johnson	24.28	Ipswich Harriers
2	203	William Blackwell	25.09	Cambridge & Coleridge AC
3	225	Ryan Gowler	25.22	West Norfolk AC
4	244	Mark Phillipson	25.79	Great Yarmouth
5	264	Aaron Would	25.90	Lincoln Wellington

## 3000m Final

### Position

1	201	Joe Alexander	9.23.10	Colchester & Tendring AC
2	247	Connor Price	9.58.27	Colchester Harriers
3	217	Stephen Davies	10.42.04	Basildon AC
4	224	Jack Gladman	11.33.13	Stevenage & North Herts

## 400m Final

### Position

1	252	Benjamin Snaith	48.84 (CBP)	Cambridge & Coleridge AC
2	210	Dereece Callaghan	49.51	Shaftesbury Barnet
3	223	James Gillingham	51.45	Basildon AC
4	207	Tom Burgess	53.96	Great Yarmouth
5	233	William Ingle	54.35	Bedford & County AC
	216	Alex Curran	DNS	Herts Phoenix
	245	Aaron Pitt	DNS	City of Norwich AC
	256	Lawrence Taylor	DNS	West Suffolk AC

## 400m Heat 1

### Position

1	210	Dereece Callaghan	49.81	Shaftesbury Barnet
2	223	James Gillingham	51.68	Basildon AC
3	207	Tom Burgess	52.37	Great Yarmouth
4	216	Alex Curran	52.42	Herts Phoenix
5	256	Lawrence Taylor	56.01	West Suffolk AC
6	260	Artem Usatenko	56.70	Peterborough AC

## 400m Heat 2

### Position

1	252	Benjamin Snaith	51.73	Cambridge & Coleridge AC
2	245	Aaron Pitt	52.30	City of Norwich AC
3	233	William Ingle	54.51	Bedford & County AC
4	255	Dominic Stevens	56.63	Stevenage & North Herts
5	254	David Spicer	60.67	Stevenage & North Herts

## 800m Final

### Position

1	248	Louis Rawlings	1.57.92	Cambridge & Coleridge AC
2	211	Christopher Allison	2.01.46	Nene Valley Harriers
3	222	Dean Frost	2.01.90	Colchester & Tendring AC
4	219	James Downing	2.02.22	Cambridge & Coleridge AC
5	240	Cameron Mckie	2.05.49	West Suffolk AC
6	212	Robert Clarke	2.07.18	Colchester Harriers
7	233	William Ingle	2.12.38	Bedford & County AC
8	208	Jonathan Burton	2.14.59	Basildon AC
9	238	Matthew Mardle	2.20.51	Stevenage & North Herts

## Discus Final

### Position

1	221	Daniel Fleming	39.64	Lincoln Wellington
2	258	Oliver Thompson	38.30	Thetford AC
3	246	Jamie Potton	30.17	Luton AC
4	261	Hugh Williams	29.20	Woodford Green & Essex Ladies
5	238	Matthew Mardle	27.23	Stevenage & North Herts

## Hammer Final

### Position

1	229	Thomas Head	60.48	Newham & Essex Beagles
2	227	James Hamblin	56.36	Colchester Harriers
3	246	Jamie Potton	52.88	Luton AC
4	258	Oliver Thompson	49.05	Thetford AC
5	231	Daniel Howe	44.81	Thetford AC
6	261	Hugh Williams	38.18	Woodford Green & Essex Ladies

## High Jump Final

### Position

1	214	Joshua Conroy	1.80	Bedford & County AC
2	263	Curtis Wood	1.55	Cambridge & Coleridge AC

## Javelin Final

### Position

1	205	Oliver Bradfield	61.26	City of Norwich AC
2	228	Daniel Hauck	52.33	Peterborough AC
3	239	Conor Martin	47.83	Herts Phoenix
4	203	William Blackwell	45.65	Cambridge & Coleridge AC
5	242	Albert Pavelin	45.19	Cambridge & Coleridge AC
6	232	Alexander Ingham	44.34	Biggleswade AC
7	234	Corey Jackson	41.33	Luton AC
8	238	Matthew Mardle	37.40	Stevenage & North Herts
9	254	David Spicer	26.13	Stevenage & North Herts
10	250	Max Schopp	23.26	Stevenage & North Herts

## Long Jump Final

### Position

1	250	Max Schopp	5.84	Stevenage & North Herts
2	256	Lawrence Taylor	5.56	West Suffolk AC
3	206	Craig Brooks	5.28	West Norfolk AC
4	232	Alexander Ingham	5.21	Biggleswade AC
5	230	Alex Holdsworth	4.79	Cambridge & Coleridge AC
6	264	Aaron Would	4.75	Lincoln Wellington

## Pole Vault Final

### Position

1	241	Perry Osborne	3.40	Bexley AC
2	204	Edward Borrmann	3.40	Ryston Runners

## Shot Putt Final

### Position

1	261	Hugh Williams	12.93	Woodford Green & Essex Ladies
2	246	Jamie Potton	11.02	Luton AC

## Triple Jump Final

### Position

1	215	Ben Cowley	9.12	Cambridge & Coleridge AC
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## U17 Women Results

### 100m Final (W/S -1.7)

#### Position

1	357	Moesha Howard	13.09	Chelmsford AC
2	360	Sophie Keeble	13.35	Stevenage & North Herts
3	355	Maria Hollingsworth	13.60	Boston & District
4	379	Kirsty Ronald	13.63	Braintree & District
5	369	Joanne Peak	13.66	Cambridge & Coleridge AC
6	351	Gemma Gow	13.78	Cambridge & Coleridge AC
7	356	Keisha Holohan- Yates	13.96	Colchester Harriers
8	340	April Castle	14.52	Chelmsford AC
9	337	Anna Bright	14.93	Luton AC
10	338	Sophia Brumann	15.12	Cambridge & Coleridge AC

### 1500m Final

#### Position

1	389	Claire Wilson	4.52.26	Cambridge & Coleridge AC
2	374	Susannah Reid	4.57.14	Ipswich Harriers
3	350	Charlotte Gillard	5.0.65	Cambridge & Coleridge AC
4	353	Alanah Harris	5.02.61	Hastingsbury Business and
5	370	Alice Perkins	5.02.95	Basildon AC
6	375	Hannah Ridley	5.04.79	Biggleswade AC
7	364	Faye Mclellan	5.28.47	Cambridge & Coleridge AC

### 200m Final (W/S -3.5)

#### Position

1	363	Nicole Mckechnie	26.19	Chelmsford AC
2	373	Emily Pursehouse	26.47	Diss AC
3	360	Sophie Keeble	26.95	Stevenage & North Herts
4	379	Kirsty Ronald	27.56	Braintree & District
5	362	Catriona Marriott	27.59	Cambridge & Coleridge AC
6	349	Alice Galloway	27.63	Cambridge & Coleridge AC
7	351	Gemma Gow	28.25	Cambridge & Coleridge AC

### 200m Heat 1 (W/S -2.5)

#### Position

1	363	Nicole Mckechnie	27.09	Chelmsford AC
2	360	Sophie Keeble	28.32	Stevenage & North Herts
3	351	Gemma Gow	28.46	Cambridge & Coleridge AC
4	362	Catriona Marriott	28.47	Cambridge & Coleridge AC



## 200m Heat 2 (W/S +0.0)

### Position

1	373	Emily Pursehouse	26.93	Diss AC
2	349	Alice Galloway	27.78	Cambridge & Coleridge AC
3	379	Kirsty Ronald	27.84	Braintree & District
4	356	Keisha Holohan- Yates	28.29	Colchester Harriers
5	337	Anna Bright	30.37	Luton AC

## 3000m Final

### Position

1	346	Hannah Farmer	11.32.53	Luton AC
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## 300m Final

### Position

1	363	Nicole Mckechnie	40.93	Chelmsford AC
2	373	Emily Pursehouse	41.65	Diss AC
3	362	Catriona Marriott	42.95	Cambridge & Coleridge AC
4	341	Elena Cervi	43.58	Stevenage & North Herts
5	388	Keeley Whitlock	44.05	Ipswich Harriers
6	337	Anna Bright	45.60	Luton AC
7	361	Zoe Macdonald	45.99	Cambridge & Coleridge AC
8	376	Sarah Ridley	46.09	Biggleswade AC

## 300m Heat 1

### Position

1	363	Nicole Mckechnie	42.25	Chelmsford AC
2	388	Keeley Whitlock	45.03	Ipswich Harriers
3	361	Zoe Macdonald	45.55	Cambridge & Coleridge AC
4	376	Sarah Ridley	45.83	Biggleswade AC
5	337	Anna Bright	47.09	Luton AC

## 300m Heat 2

### Position

1	373	Emily Pursehouse	42.54	Diss AC
2	341	Elena Cervi	43.50	Stevenage & North Herts
3	362	Catriona Marriott	44.28	Cambridge & Coleridge AC
4	333	Katrina Bass	47.40	Cambridge & Coleridge AC
5	332	Hannah Banks	51.22	Colchester & Tendring AC

## 300m Hurdles Final

### Position

1	334	Suzanne Bentley	48.0	St Albans AC
2	331	Katherine Amps	52.9	Peterborough AC
3	347	Sarah Feely	55.6	Stevenage & North Herts

## 800m Final

### Position

1	335	Sophie Billington	2.13.5 (CBP)	Luton AC
2	367	Hollie Parker	2.17.6	Cambridge & Coleridge AC
3	381	Megan Soanes	2.21.6	City of Norwich AC
4	348	Ami Foster	2.28.3	Colchester & Tendring AC
5	361	Zoe Macdonald	2.29.8	Cambridge & Coleridge AC
6	332	Hannah Banks	2.49.8	Colchester & Tendring AC

## 80m Hurdles Final (W/S -1.1)

### Position

1	355	Maria Hollingsworth	11.76	Boston & District
2	384	Charlotte Underwood	11.93	Bedford & County AC
3	357	Moesha Howard	12.26	Chelmsford AC
4	334	Suzanne Bentley	12.66	St Albans AC
5	349	Alice Galloway	12.85	Cambridge & Coleridge AC
6	386	Katie Vickery	13.63	City of Norwich AC
7	340	April Castle	13.66	Chelmsford AC

## Discus Final

### Position

1	382	Georgia Taylor	38.11	Havering Mayesbrook
2	339	Debbie Castle	28.05	Chelmsford AC
3	372	Emma Phillipson	27.79	Herts Phoenix
4	376	Sarah Ridley	24.22	Biggleswade AC
5	358	Imogen Hyde	19.70	Cambridge & Coleridge AC
6	366	Kirsty Palmer	17.75	Diss AC

## Hammer Final

### Position

1	385	Gemma Vickery	37.71	City of Norwich AC
2	345	Emily Evans	35.69	Stevenage & North Herts
3	358	Imogen Hyde	31.13	Cambridge & Coleridge AC

## High Jump Final

### Position

1	354	Cherelle Hibbert	1.55	Luton AC
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## Javelin Final

### Position

1	365	Eleanor Moss	24.76	Herts Phoenix
2	339	Debbie Castle	23.59	Chelmsford AC
3	334	Suzanne Bentley	23.44	St Albans AC
4	358	Imogen Hyde	23.37	Cambridge & Coleridge AC

## Long Jump Final

### Position

1	379	Kirsty Ronald	5.19	Braintree & District
2	368	Clarice Parrott	5.13	Braintree & District
3	377	Chloe Rixon	5.10	Watford Harriers
4	386	Katie Vickery	4.99	City of Norwich AC
5	387	Chelsea Wade	4.98	West Suffolk AC
6	331	Katherine Amps	4.53	Peterborough AC
7	338	Sophia Brumann	3.97	Cambridge & Coleridge AC

## Shot Putt Final

### Position

1	349	Alice Galloway	10.01	Cambridge & Coleridge AC
2	376	Sarah Ridley	9.00	Biggleswade AC
3	344	Melanie Deer	8.27	Chelmsford AC
4	339	Debbie Castle	7.74	Chelmsford AC

## Triple Jump Final

### Position

1	386	Katie Vickery	10.00	City of Norwich AC
2	377	Chloe Rixon	9.54	Watford Harriers
3	387	Chelsea Wade	9.49	West Suffolk AC

## U20 Men Results

### 100m Final

#### Position

1	124	Ryan Palmer	11.33	Huntingdonshire AC
2	122	Ryan O'Sullivan	11.63	Chelmsford AC
3	107	Peter De'ath	11.75	Stevenage & North Herts
4	112	Richard Holland	11.93	Havering Mayesbrook
5	126	Aaron Raine	12.61	Ryston Runners

### 1500m Final

#### Position

1	127	Andrew Revell	4.12.15	Ipswich Harriers
2	121	Matt Leach	4.30.25	North Herts Roadrunners
3	104	James Cochrane	4.36.50	Cambridge & Coleridge AC

### 200m Final (W/S -3.5)

#### Position

1	107	Peter De'ath	23.43	Stevenage & North Herts
2	126	Aaron Raine	27.96	Ryston Runners

### 3000m Final

#### Position

1	121	Matt Leach	9.09.35	North Herts Roadrunners
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### 400m Final

#### Position

1	120	Jake King	49.85	Southend AC
2	116	Tom Johnson	51.55	Huntingdonshire AC

### 400m Hurdles Final

#### Position

132	Lennox Thompson	DQ	Newham & Essex Beagles
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### 800m Final

#### Position

1	125	Michael Porter	2.06.27	Colchester & Tendring AC
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## Discus Final

### Position

1	123	Michael Painter	47.55	City of Norwich AC
2	101	Jake Allen	41.18	West Suffolk AC
3	102	Callum Brown	38.18	City of Norwich AC
4	113	Oliver Holway	35.22	Cambridge & Coleridge AC
5	130	Alan Sydee	31.20	Luton AC

## Hammer Final

### Position

1	123	Michael Painter	72.02 (CBP)	City of Norwich AC
2	102	Callum Brown	69.62	City of Norwich AC
3	130	Alan Sydee	52.20	Luton AC
4	131	Dominic Sykes	48.42	Lincoln Wellington
5	134	Sam Wilson	47.60	Peterborough AC
6	101	Jake Allen	45.09	West Suffolk AC
7	113	Oliver Holway	44.01	Cambridge & Coleridge AC

## High Jump Final

### Position

1	103	Tim Burkle	1.95	St Albans AC
2	117	Kashif Jones	1.90	Stevenage & North Herts
3	129	Paul Spicer	1.70	Stevenage & North Herts

## Javelin Final

### Position

1	119	James Kent	35.78	City of Norwich AC
2	128	Steve Smith	33.44	West Suffolk AC

## Long Jump Final

### Position

1	112	Richard Holland	5.91	Havering Mayesbrook
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## Shot Putt Final

### Position

1	123	Michael Painter	13.74	City of Norwich AC
2	113	Oliver Holway	13.03	Cambridge & Coleridge AC
3	101	Jake Allen	12.37	West Suffolk AC
4	128	Steve Smith	11.28	West Suffolk AC
5	130	Alan Sydee	10.26	Luton AC

## Triple Jump Final

### Position

1	115	Lemarr Jean -Jacques	13.38	Bedford & County AC
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## U20 Women Results

### 100m Final (W/S -2.1)

#### Position

1	83	Kelly Sutton	12.81	Colchester Harriers
2	63	Lucy Giles-Visser	13.57	Cambridge & Coleridge AC
3	55	Holly Burbridge	14.53	City of Norwich AC

### 100m Hurdles Final

#### Position

1	56	Evie Castle	18.96	Chelmsford AC
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### 1500m Final

#### Position

1	72	Eleanor Johnson	5.03.20	Basildon AC
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### 200m Final

#### Position

1	66	Abigail Griffiths	27.81	Herts Phoenix
2	81	Abbie Ruggles	28.80	Thetford AC
3	78	Shannon Procter	29.32	Herts Phoenix
4	76	Laura Millichap	31.75	Cambridge & Coleridge AC

### 3000m Final

#### Position

1	86	Natalie Wickings	11.28.54	Watford Harriers
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### 400m Final

#### Position

1	62	Finolla Frederick	60.02	Herts Phoenix
2	71	Montana Jackson	60.44	West Suffolk AC
3	80	Emily Rogers	60.73	West Suffolk AC
4	66	Abigail Griffiths	62.07	Herts Phoenix
5	65	Georgia Green- Muid	64.26	Chelmsford AC
6	81	Abbie Ruggles	64.32	Thetford AC

### 400m Hurdles Final

#### Position

1	65	Georgia Green- Muid	73.9	Chelmsford AC
2	52	Claire Bentley	84.2	St Albans AC

## Discus Final

### Position

1	68	Renee Hector	35.69 (CBP)	Stevenage & North Herts
2	70	Georgina Howe	31.95	Ipswich Harriers
3	56	Evie Castle	29.82	Chelmsford AC
4	55	Holly Burbridge	21.83	City of Norwich AC
5	57	Hannah Castle	21.43	Chelmsford AC

## Hammer Final

### Position

1	82	Sarah Stanhope	49.61 (CBP)	Lincoln Wellington
2	70	Georgina Howe	44.14	Ipswich Harriers
3	74	Becky Knapp	39.12	Stevenage & North Herts
4	79	Jennifer Richards	36.10	Cambridge & Coleridge AC
5	56	Evie Castle	31.06	Chelmsford AC
6	60	Laura Feely	28.10	Stevenage & North Herts
7	64	Sophie Goddard	22.43	Stevenage & North Herts

## High Jump Final

### Position

1	84	Emma Tilbrook	1.60	West Norfolk AC
2	73	Kate Jones	1.55	St Albans AC
2	51	Gemma Armorgie	1.55	Herts Phoenix

## Javelin Final

### Position

1	75	Eloise Meakins	46.33 (CBP)	Herts Phoenix
2	56	Evie Castle	31.23	Chelmsford AC
3	76	Laura Millichap	25.79	Cambridge & Coleridge AC
4	57	Hannah Castle	19.86	Chelmsford AC

## Long Jump Final

### Position

1	61	Jessica Fox	5.37	Cambridge & Coleridge AC
2	69	Shanana Hibbert	5.34	Luton AC
3	84	Emma Tilbrook	5.17	West Norfolk AC
4	62	Finolla Frederick	5.02	Herts Phoenix
5	57	Hannah Castle	3.55	Chelmsford AC

## **Pole Vault Final**

### **Position**

1	67	Olivia Harry	3.00	Herts Phoenix
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## **Shot Putt Final**

### **Position**

1	56	Evie Castle	10.53	Chelmsford AC
2	79	Jennifer Richards	8.72	Cambridge & Coleridge AC

## **Triple Jump Final**

### **Position**

1	61	Jessica Fox	10.54	Cambridge & Coleridge AC
2	77	Millie Phelan	10.26	Stevenage & North Herts